

# **Arizona's 2008 Adolescent Substance Abuse Conference**

## **Confronting Social Barriers in Adolescence**

### **Conference Session Information**

**Workshop Title:**

*Youth Involvement for substance abuse prevention, recovery and stigma reduction.*

**Presenter:**

Greg Dicharry, CPRP

and 4 youth presenters who will share their personal story, including the negative consequences they experienced as a result of their drug use and associated behavior; with primary focus on discussing how youth lead groups are helping them stay alcohol and drug free.

**Abstract:**

**MY LIFE**, Magellan Youth Leaders Inspiring Future Empowerment, youth leadership group will explain how youth involvement and youth lead events benefit substance abuse prevention, recovery and stigma reduction. An overview of MY LIFE and MY Fest, a youth involvement festival held June 7, 2008, including outcomes and video highlights, will be presented. Attendees will receive information on creating youth leadership groups and producing youth lead events such as MY Fest, which shed light on issues related to youth substance abuse. In addition, attendees will learn about young peoples' 12 step groups and their youth lead events, such as the Arizona State Conference of Young People in Alcoholics Anonymous (ASCYPAA).